

# TRUSTING GOD DEEPER

A Devotional Journey  
Beyond the  
First Seven Days



SYLVIA SUHR

*Author of 7 Days to Trusting God with Your Journey*

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A Devotional Journey Beyond the First Seven Days

By Sylvia Suhr

Author of 7 Days to Trusting God with Your Journey

A 10-Day Devotional Companion by Sylvia Suhr Part Two in the Trusting God Series

Dear friend, Welcome to Part Two of our devotional journey.

If you've just completed 7 Days to Trusting God with Your Journey, or are joining for the first time, you are exactly where you're meant to be.

These next ten days are an invitation to go deeper, not by striving, but by surrendering. God is not finished. He's still speaking, still leading, still shaping your heart with grace. Let's walk together into deeper trust.

You've already begun a journey of trust, and now, God is inviting you deeper. This devotional is not a detour; it's a continuation.

A quiet space to slow down, listen closely, and lean further into the heart of the One who holds every step. You're not starting over, you're growing onward.

Through life's transitions, joys, questions, and quiet places, God remains the steady presence beneath it all. These ten days are offered as sacred moments to encounter Him in fresh ways.

Whether you're navigating a new chapter, wrestling with a decision, or simply longing to rest, you're seen. You're loved. You're led. Let each page remind you: trusting God is not just a moment, it's a rhythm. And you don't walk it alone. So, breathe deep, open wide, and let faith take root again.

With all grace, Sylvia Suhr

## Devotional Journey

### Index

Day	Theme	Scripture Focus
Day 9	Trusting God in Transition	Isaiah 43:19
Day 10	Trusting God with Your Past	Isaiah 43:18
Day 11	Trusting God When You Feel Alone	Hebrews 13:5
Day 12	Trusting God with Your Emotions	Psalms 62:8
Day 13	Trusting God with Relationships	Romans 12:18
Day 14	Trusting God Through Your Work	Proverbs 16:3
Day 15	Trusting God with Provision	Philippians 4:19
Day 16	Trusting God in Decision-Making	James 1:5
Day 17	Trusting God with Forgiveness	Colossians 3:13
Day 18	Trusting God with Your Calling	Ephesians 2:10
Day 19	Trusting God in Rest	Matthew 11:28
Day 20	Trusting God with Your Identity	1 Peter 2:9
Day 21	Trusting God with Your Legacy	Psalms 102:18

## **DAY 9 – TRUSTING GOD IN TRANSITION**

*Isaiah 43:19 – “Behold, I am doing a new thing...”*

### **Devotional Reflection**

When life shifts, trust anchors the soul. God is faithful not just in stillness, but in movement.

### **Reflection Questions**

- Where is God leading you into change?
- How can you welcome His new thing today?

### **Prayer**

Lord, help me lean into change, knowing You're crafting something good. Amen.

**I step with faith into the unknown, no longer tethered to what I've known.**

**New things arise, and though I fear, I walk assured, my God is near.**

### **Journal Your Thoughts**

Write down what God is showing you today...

[illegible]

## **DAY 10 – TRUSTING GOD WITH YOUR PAST**

***“Forget the former things; do not dwell on the past.”  
Isaiah 43:18***

Your past doesn't define you—it refines you. God's grace reaches into yesterday and redeems it. Let go of regret and let God rewrite your story with mercy.

### **Reflection Questions**

- What parts of your past still carry shame or pain?
- What does God's forgiveness look like for those moments?

### **Prayer**

Lord, thank You for redeeming my past. I release it into Your hands. May my scars tell of Your grace. Amen.

**The echoes fade, the shame released,  
You write new chapters, granting peace.  
No longer chained, no longer bound,  
In grace, my wholeness now is found.**

### **Journal Your Thoughts**

Write down what God is showing you today...

[illegible]

## **DAY 11 – TRUSTING GOD WHEN YOU FEEL ALONE**

***“I will never leave you nor forsake you.” — Hebrews 13:5***

Loneliness whispers, “You’re forgotten.” But God counters, “You are seen.” In solitude, His presence becomes more tangible. You are never truly alone.

### **Reflection Questions**

- When do you feel most isolated?
- What would it mean to experience God’s companionship more fully today?

### **Prayer**

Lord, be my nearness in lonely places. Let Your presence fill every empty space. Amen.

**Though others fade, and silence grows,  
Your faithful love forever shows.  
In quiet depths, I hear Your voice,  
You make the empty places rejoice.**

### **Journal Your Thoughts**

Write down what God is showing you today...



[illegible]

## **DAY 12 – TRUSTING GOD WITH YOUR EMOTIONS**

***“Pour out your hearts to Him, for God is our refuge.”  
— Psalm 62:8***

Your emotions are not obstacles to faith—they are bridges. God invites you to be real, not rehearsed. Bring your joy, anger, sadness, and questions to Him.

### **Reflection Questions**

- What emotion are you struggling to name today?
- How might expressing it to God bring healing or insight?

### **Prayer**

Lord, I give You my raw and real. Meet me in every emotion and anchor me in Your truth. Amen.

**In laughter's burst or sorrow's tide,  
You do not turn Your face aside.  
Each feeling is a sacred prayer  
A cry, a song, You're always there.**

### **Journal Your Thoughts**

Write down what God is showing you today...

[illegible]

## **DAY 13 – TRUSTING GOD WITH RELATIONSHIPS**

***“As far as it depends on you, live at peace with everyone.” — Romans 12:18***

Relationships can be messy, but God’s love teaches us to forgive, reconcile, and hold boundaries in grace. Trust Him with the people He’s placed in your life—especially when it’s hard.

### **Reflection Questions**

- Who is God prompting you to love more graciously today?

### **Prayer**

Lord, bring healing and grace into my relationships. Help me love with Your heart. Amen.

**Where bridges burn and words divide,  
Let love rebuild from wounds inside.  
With grace that mends and peace that flows,  
Restore what's broken, Lord, You know.**

### **Journal Your Thoughts**

Write down what God is showing you today...

[illegible]

## **DAY 14 – TRUSTING GOD THROUGH YOUR WORK**

***“Commit to the Lord whatever you do, and He will establish your plans.” — Proverbs 16:3***

God is present not just in prayer rooms, but in boardrooms, classrooms, and kitchens. Your work—seen or unseen—is sacred. Trust that He’s working through what you do.

### **Reflection Questions**

- How do you see God working through your daily tasks?
- In what ways can you commit your work to Him more fully?

### **Prayer**

Lord, breathe purpose into my work. May it reflect Your glory and bless others. Amen.

**Whether quiet desk or crowded street,  
Your purpose pulses in each beat.  
I offer up my hands, my days—  
Let every task become Your praise.**

### **Journal Your Thoughts**

Write down what God is showing you today...

[illegible]

## **DAY 15 – TRUSTING GOD WITH PROVISION**

***“And my God will meet all your needs...” —  
Philippians 4:19***

God is a provider, not just materially, but emotionally and spiritually. He knows what you need before you ask. Trust Him to supply what you lack.

### **Reflection Questions**

- What need are you bringing before God today?
- Where have you seen Him provide in the past?

### **Prayer**

Lord, I trust Your provision. Thank You for caring for every detail. Amen.

**You feed the sparrow, clothe the field,  
My every longing shall be healed.  
In scarcity or surplus wide,  
Your faithful hand will still provide.**

### **Journal Your Thoughts**

Write down what God is showing you today...



[illegible]

## **DAY 16 – TRUSTING GOD IN DECISION-MAKING**

***“If any of you lacks wisdom, you should ask God...” — James 1:5***

Life demands choices. But you don't have to decide alone. God gives wisdom generously to those who ask. Pause, pray, and let His peace guide your steps.

### **Reflection Questions**

- What decision is weighing on you right now?
- What would it look like to invite God into that process?

### **Prayer**

Lord, I need Your wisdom. Help me choose well with Your Spirit leading the way. Amen.

**When crossroads stretch and paths divide,  
Your whisper calms the storm inside.  
I seek Your will, not fleeting trends  
Lead every choice to faithful ends.**

### **Journal Your Thoughts**

Write down what God is showing you today...

[illegible]

## **DAY 17 – TRUSTING GOD WITH FORGIVENESS**

***“Forgive as the Lord forgave you.” — Colossians 3:13***

Forgiveness isn't weakness, it's strength. It doesn't excuse what happened, but it frees you from carrying it. Trust God to do justice and soften your heart.

### **Reflection Questions**

- Who do you need to forgive today, even just in prayer?
- What hurts are you ready to release?

### **Prayer**

Lord, I surrender my hurt to You. Help me forgive and heal in Your grace. Amen.

**Though wounds may ache and wrongs still sting,  
Forgiveness lets the soul take wing.  
Not bound to bitterness or strife,  
You call me back to a peaceful life.**

### **Journal Your Thoughts**

Write down what God is showing you today...

[illegible]

## **DAY 18 – TRUSTING GOD WITH YOUR CALLING**

***“We are God’s handiwork... created to do good works.” Ephesians 2:10***

Your calling is unique, crafted by God’s hand. Trust the stirring in your heart, it’s the echo of heaven’s plan. You don’t have to earn it, step into it.

### **Reflection Questions**

- What passions or gifts has God placed within you?
- Where do you sense Him leading you next in your purpose?

### **Prayer**

Lord, I trust Your design for my life. Lead me boldly into the purpose You’ve prepared. Amen.

**Not random born nor aimless dream,  
Your calling flows through every stream.  
I walk by faith, not fear or doubt,  
Your perfect plan is still played out.**

### **Journal Your Thoughts**

Write down what God is showing you today...

[illegible]

## **DAY 19 – TRUSTING GOD IN REST**

***“Come to me, all you who are weary... and I will give you rest.” — Matthew 11:28***

### **Devotional Reflection**

Rest is holy. In a world that glorifies hustle, God invites you to pause. Trusting Him means letting go of control, even just for a moment, to receive the renewal only He can offer. Your soul was designed for Sabbath, for stillness, for sacred space.

### **Reflection Questions**

- Where are you weary in body, mind, or spirit?
- What would it look like to let God restore you today?

### **Prayer**

Lord, help me rest in Your arms. Still my striving and fill me with Your peace. Amen.

**In quiet shade beneath Your wings, I find what endless days can't bring. Not tasks nor toil define my worth, but grace that meets me here on earth. So, I lie down in sacred trust, and breathe again—redeemed, robust.**

### **Journal Your Thoughts**

Write down what God is showing you today...



[illegible]

## **SCRIPTURES TO MEDITATE ON**

<b>Scripture</b>	<b>Focus</b>
Proverbs 3:5–6	Trusting God’s guidance
Jeremiah 29:11	Trusting God’s plans
Isaiah 43:19	Trusting through transition
Matthew 11:28	Trusting God for rest
James 1:5	Trusting God in decision-making
2 Corinthians 12:9	Trusting Him in weakness
Romans 15:13	Trusting God as your source of hope
Philippians 4:19	Trusting God’s provision
Psalms 62:8	Trusting God with your emotions
Psalms 102:18	Trusting God with your legacy
Isaiah 41:10	Trusting God in fear
Colossians 3:13	Trusting God with forgiveness
Ephesians 2:10	Trusting God with your calling

May your heart walk in step with Heaven’s rhythm.

May your trust be no longer fragile, but firm, rooted in the One who never fails.

May each new day reveal the gentle fingerprints of God over your life.

May stillness become your strength and surrender your song.

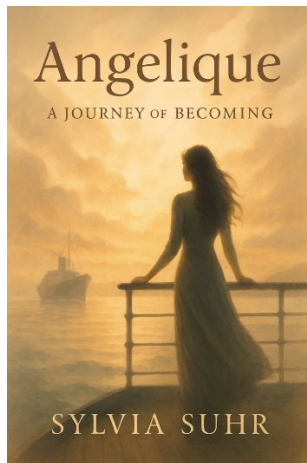
Wherever you go, whether into quiet rest or bold obedience, know that you are never alone.

The God who called you is the God who equips you, walks with you, and finishes what He began. You are deeply loved. You are divinely appointed. You are held completely in grace.

## Other Books by Sylvia Suhr

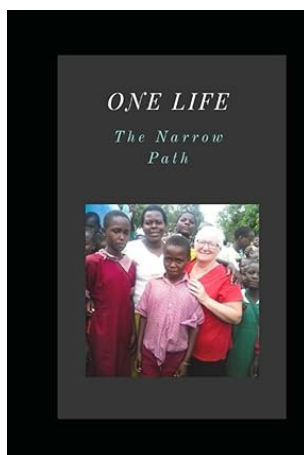
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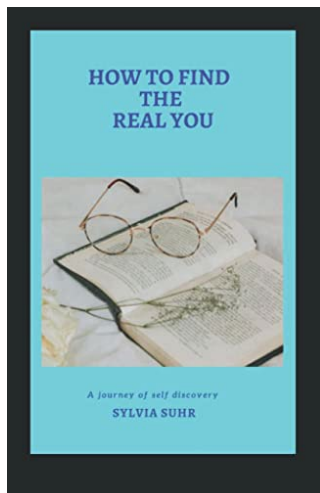


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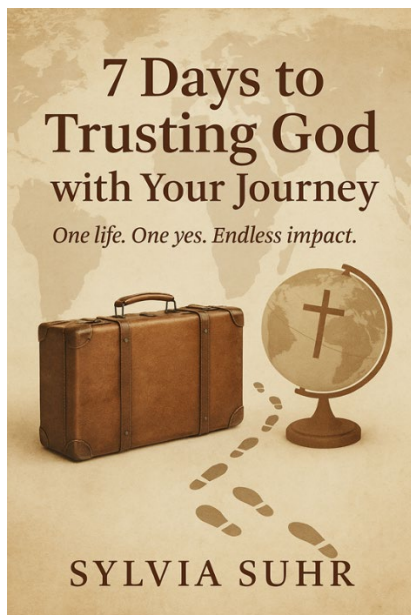
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