How to Find the Real You

by Sylvia Suhr

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Dedication

To the many people who have helped me on my journey to discover my true identity.

You have challenged and stretched me to become who I am today.

To you, Pastor David Croker who helped me to understand and get a revelation of the New

Creation.

To Gary and Ruth Jones who cared for me and nurtured me to aspire to, aim for and never give up

on my dreams.

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Introduction
Dear Reader,
Thank you for beginning this journey with me.
This book was written for those who feel stuck, uncertain, or like a piece of their identity has been
buried.
It is my hope and prayer that as you read, you will begin to reconnect with the person God created
you to be.
With love,
Sylvia Suhr
Cyrvia Carii
Chapter 1: It's Time to Let Go (Excerpt)
Humans have a habit of complicating their lives by holding on to things that don't really matter.
We cling to jobs, fight to maintain relationships, and insist on keeping things the way they are.
The more we hold on to something, the more we lose our sense of self.
When our hands are full, we can't grab hold of the opportunities that come our way.

Let go of trying to please everyone...

Let go of procrastination
Let go of fear and pressure
(And more incide the full healt)
(And more inside the full book!)
Get the Full Book
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Or visit: www.sylviasdream.com
About the Author
Sylvia Suhr is a storyteller of the supernatural woven into the ordinary. With a heart to know Jesus
and make Him known,
Sylvia lives to reveal the wonder of God at work in everyday life.
As Chairperson for Projects at Heaven on Earth Ministries and the Cistern of Hope Centre in
Nairobi, Kenya,
she is passionate about seeing lives transformed - not just by provision, but by encountering the
living God.
Her writing invites readers to discover their true identity and embrace the divine beauty within their

own stories.

With love, Sylvia <3

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Blessings,

Sylvia Suhr